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EDUCATION  
for value+

# CONFLICT MANAGEMENT, EMOTIONAL INTELLIGENCE AND BULLYING PREVENTION

12-17 FEBRUARY 2024, FLORENCE, ITALY

PROJECT 2023-1-R001-KA122-SCH-000134992

**"EDUCATION FOR VALUE+ , A 3D PUZZLE: DIGITALIZATION, SUSTAINABILITY, DIVERSITY FOR INCLUS:ON"**

**Participants:**

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Erasmus+



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### **Aim of the course**

**The course provides essential resources for developing emotional intelligence, managing conflict in educational settings, preventing bullying and fostering a positive school climate.**

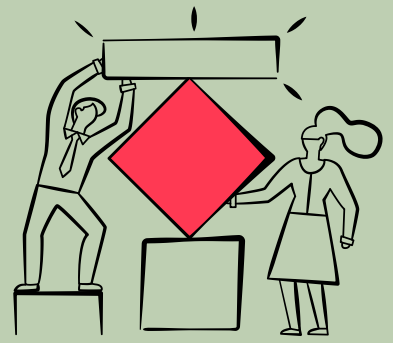
**Understanding group dynamics in educational settings and strengthening the capacity of teachers to exemplify and encourage emotional literacy among current students - and future engaged citizens - were the key points of the training.**

**The course aimed to facilitate the acquisition of essential skills to promote harmonious relationships, based on empathy and self-affirmation, between participants in the educational process (students, teachers, parents), and to cultivate a positive school climate, which are crucial elements in establishing a conducive learning environment.**



## KEY ELEMENTS

- **Developing emotional intelligence**
- **Creating safe learning environments**
- **Establishing emotional bonds with students**
- **Effective conflict management in the classroom**
- **Developing effective conflict management strategies**
- **Using strategies to discourage aggression**



## COURSE CALENDAR

### Day 1

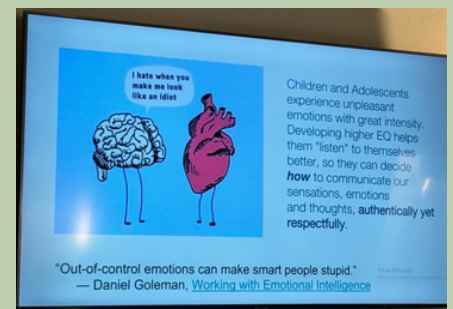
- Course presentation (<https://www.teacheracademy.eu/course/conflict-management-emotional-intelligence-and-bullying-prevention/>) and participants
- The PERMA model in positive psychology
- Analysis of group dynamics and emotions

### Day 2

- Maslow's pyramid of needs
- The origin of difficult behaviors
- The SEL-CASEL framework

### Day 3

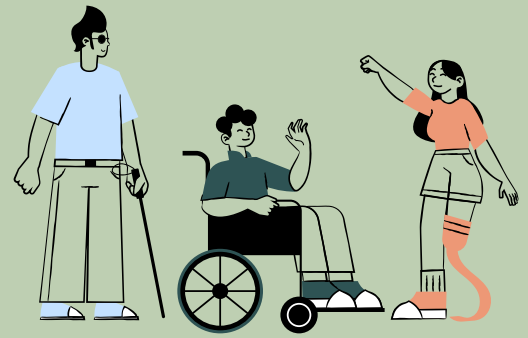
- Improved emotional intelligence.
- Emotional lexicon
- Practical workshops



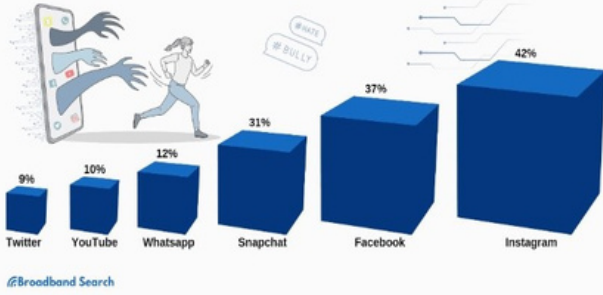
### Day 4

- Conflict Management: Origins, Mediation, Categories and Sources

<https://padlet.com/EUROPASS22/conflict-management-emotional-intelligence-and-bullying-prev-210mb3bm9h3jwhz5/wish/2881125769>



Where are People Cyberbullied?



## Day 5

- (Cyber)bullying
- Empathic communication
- Case analysis

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## Day 6

- Evaluation - Certification: Europass Diploma
- Issuing certificates of attendance
- Beyond the course... Florence, city of the Renaissance





# EUROPEAN METHODOLOGIES FOR PREVENTING BULLYING, PROMOTING NON- VIOLENT COMMUNICATION AND CONFLICT MANAGEMENT



European strategies to combat aggression, to promote non-violent communication and conflict management aim to create a safe and welcoming educational environment. They encourage a culture of peace and mutual respect within educational institutions and communities. Key initiatives include:

## **European Union strategy on children's rights:**

This strategy involves initiatives for bullying prevention, whether online or offline. It promotes cooperation between member states to develop legal and educational frameworks that protect children's rights and deter abuse and harassment (EUDA).



Erasmus+



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## Erasmus+ initiative:

- Erasmus+ supports various projects focused on education and training aimed at preventing bullying and strengthening conflict resolution skills. These initiatives promote social inclusion, peaceful education and civic skills of young Europeans (SALTO Youth).

## European Union strategy against school violence:

- The plan aims to implement concrete measures to reduce violence in schools by developing emotional education programs, encouraging non-violent communication and providing psychological support to students and teachers. These initiatives aim to prevent bullying and improve the general atmosphere in the school environment.





## **SALTO Youth and Mindfulness:**

- The program aims to train young people in non-violent communication and mindfulness for conflict resolution. It aims to teach young people how to promote a harmonious atmosphere and encourage mutual respect using innovative emotion and conflict management strategies (SALTO Jeunesse).

## **Direct European network and local initiatives:**

At local level, Europe Direct centers organize events and awareness campaigns on bullying, tolerance education and conflict management. These initiatives aim to cultivate a positive school atmosphere by involving students, parents and teachers in various activities.

These strategies, reinforced by programs such as Erasmus+ and SALTO Youth, are crucial for reducing bullying and encouraging harmonious and productive communication within educational institutions and local communities.



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# FLORENCE

The "Cradle of the Renaissance", Florence is a city rich in cultural and artistic heritage, located in the center of Tuscany, Italy. It was the epicenter of the spiritual and intellectual renewal in Europe during the Renaissance (14th-16th centuries), supported by the Medici family and led by eminent figures such as Leonardo da Vinci, Michelangelo and Dante Alighieri.

## **The city is famous for its spiritual and intellectual activities**

Florence was not only a center of the visual arts, but also a pillar of humanism, an intellectual movement that valued reason, education and human potential. Dante created his Divine Comedy, a remarkable and influential literary work inspired by the city's culture and landscapes.

More than just the birthplace of the Renaissance, Florence was the epicenter where innovation and knowledge transformed European culture, leaving a profound imprint on many artists and intellectuals.